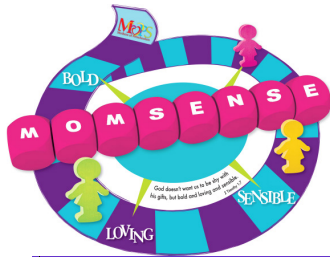


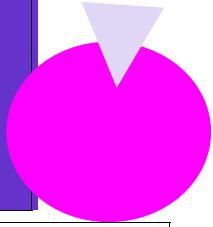


www.LyndenMOPS.org
or find us on
Facebook



THE GAME OF LIFE

Lynden MOPS – Sonlight Church



September 2011

Combining her mom intuition and her common sense helps a woman discover her own unique MomSense (Mom Intuition + Common Sense = MomSense)



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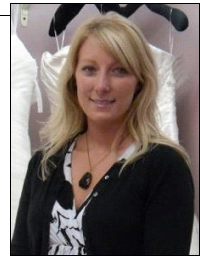
Births/Adoptions Announcements

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COORDINATOR CORNER

My name is Nicole Croney and I am your 2011-2012 MOPS Coordinator! I have been married to my husband Luke for 8 years this December and we have three girls: Alexah 5, Audrie 4, and Ashlyn 4 months. I work part time at Belle Bridal doing marketing and love being a mommy, wife, and secretary for my little family.



I am so excited for this year and the events we have planned! I hope to get to know each of you (if I don't already) and the strengths that you will bring to our amazing group of women. I hope that we can embrace each others differences, support and walk alongside one another. I believe that we as mothers are our own worst enemies. Judging each other and critiquing one another's beliefs, the way we parent, right down to how clean we keep our homes. Instead of being "MOMsters". I hope MOPS can be an encouraging place where every mom can be loved.

If you have any questions, comments, or prayer requests, please do not hesitate to call me at 360-319-5416. I am looking forward to a great year of MOPS.

Be BOLD, LOVING, and SENSIBLE! Blessings, Nicole



Coordinators:
Nicole Croney & Jill Peterson

Moppets and Childcare:
Judy McKenzie

Finance:
Judy McKenzie

Publicity/Events:
Denise Chatterton

Mentor Moms
Cindy Visser
Fran Van Staalduinen
Janice Morrison
Joan Bush
Rana Velasco

Coffee Bar:
Kara Chanik

Table Leaders:
Brea Bateman
Denise Chatterton
Trevia Postmas
Marian Steagall
Molly Zender

MOMMY OF THE MONTH

B-day: March 14
Kids/Ages: Katilyn (7)
Rylee (5) Makenna (3)
Married to: Shawn
Anniversary: November 8, 2002
Where did you grow up: Sumas

What is your favorite childhood memory? Being able to "work" with my dad on the farm.

What 3 words would your best friend use to describe you? Patient, organized, and way too nice!

How do you make your child(ren) laugh? Dance and be goofy with them.

What is your favorite place to eat out? Pizza Hut or Olive Garden.

What is the hardest thing you've ever done? Getting through the death of my mom and grandma both within 6 months of each other and both of whom I was very close to.

What is your favorite place to vacation? So far, I'd say Disneyland.

If you had a day all to yourself what would you do? Crafting or reading or shopping.

What is your biggest challenge in life right now? Our adoption process... talk about a "hurry up and wait" process.

If you have friends coming over for dinner, what would you cook?

Lasagna, with salad and garlic bread.



Lisa Dekoster

MOPS 2 MOPS

Q & A

When asked this question:

"What are you looking forward to (or dreading) about your child's 1st day of school??"

Here are what a few moms answered:

- ~ Looking forward to a routine but dreading the 3pm tired grumpies.
~ My husband and I go out to lunch ALONE for the first time in 2 months!!
~ I dread the 2nd day of school when it hits them that school is actually here, they have homework and they decide they want summer back!
~ Looking forward to time alone, but not getting up early to get them off.
~ I'm going to shed some tears.....it will be his first day of Kindergarten...

- ~ Dreading brown bag burn out
~ The worst is when they shove you out the door and say... "You can go now mommy."
~ I may have an anxiety attack.... My daughter will be starting kindergarten
~ I love grocery shopping "solo"!

We would like to get to know our MOPS moms better. Each month, we will include a new question to be included in the next month's newsletter.

October's question is:

As a busy mom, what "fills" you and what "depletes" you? ~

Email your answer to:

LyndenMOPSnewsletter@gmail.com



Get on board the Meal Train..... If you have any of the following happen to you in the next year;

- ~ Arrival of a new baby ~ Injuries ~ Surgeries ~ Extended illnesses ~

We would love to start a meal train for you! This service is set up to help eliminate the confusion related to meal giving. No longer are there questions like, "What do they like?" "When are they available?", "What have they already had?" Providing each giver this information helps simplify the process so they can focus on supporting others with meals. Please send a message to us at LyndenMOPSnewsletter@gmail.com and we will get you started!!

T H E M E N T O R M O M M I N U T E

When asked the following questions, **Mentor Mom Janice Morrison** answered ...

What board or card game did you most enjoy playing with your children when they were young?

Probably one of our favorite games would be Go Fish with Thomas the Train cards.

Please briefly share one family vacation survival tip for moms of pre-schoolers.

We didn't go on many family vacations but we listened to "Beauty and the Beast" soundtrack a lot when driving, so I would say having kid friendly music to listen to while driving to keep the kids entertained.

Life's Instructions (for Women)

- * To thine own self be true – but still color your hair!
- * Find happiness in helping others. Take your eyes off yourself.
- * Smell puppy breath – one of life's greatest pleasures.
- * Teach your son to respect women.
- * Take a CPR class

S A Y W H A T . . .

Kids really DO say the darndest things. In this section, we'd like to highlight some of the crazy things your kids have said in the past! If you would like to submit a comment, please email us at LyndenMOPSnewsletter@gmail.com and it may be featured in our next newsletter!!

"Hey, mom, I have a chicken strip that looks like South America!"

My son has 3 favorite restaurants "Red Robinhood" (Red Robin), "Chuckee Cheezits" (Chuckee Cheese) and Applebeast (Applebees).

Last year I was telling my son that he needed to go to school to learn, and he says, "but I already know everything!"

My 4 yr old was being a handful one morning. When her dad said goodbye for work, she said, "Daddy, Mommy's gonna have a LONG day!!"

My son asked me if "brown babies come from the UPS truck"

We were eating steak for dinner. My daughter ate all her steak and proudly said that she ate all her "mistakes"

My daughter said, "I really like the baby in your belly" while rubbing an overweight woman's belly who was NOT pregnant!!!! (oops!)

My son told me "I hurt my finger.. I would show you which one, but I think it means a bad word!"

We discontinued our Sports channel and my 8 yr old said "that's okay, I'll just watch the game at the bar." DOH!!

By the 2nd day of potty training, my son had had ENOUGH!. When I said it was time to go potty, he said "Not now Sweetie, I have a lot of work to do."

I REALLY like the baby in your belly!!

Classy – fieds

To place a FREE ad in our MOPS newsletter, (no home based businesses please), send your ad to LyndenMOPSnewsletter@gmail.

Want **F R E E** Coffee?? You can be our next "Mommy of the Month?? Just send an email to LyndenMOPSnewsletter@gmail.com and we'll send you the form to fill out!

If you are chosen to be our featured mom, you will receive a **F R E E** coffee coupon from our Coffee bar!



S E P T E M B E R

B I R T H D A Y S

14th – Judy McKenzie

25th – Erin Bode

25th – Denise Chatterton

28th – Kellie Briskin



WACKY Holidays

Sep 17th - Nat'l Apple Dumplin' Day

Sep 18th - Nat'l Cheeseburger Day

Sep 19th - Nat'l Talk like a Pirate Day

Sep 26th - Johnny Appleseed Day

Sep 28th - Ask a stupid question Day



Things to do around town:

Lynden FFA Corn Maze – Fri/Sat/Sun

Sept \$6 Adult – \$4 K-6th – FREE Under 4yrs \$1 off admission coupon at:
www.lyndenffa.com/wp-content/uploads/2010/05/coupon-11.jpg

Sept 17 Fairhaven Salmon BBQ and Sidewalk Sale, Fairhaven - 1pm
Supports Boys and Girls Club of Washington

Sept 24 Puget Sound Farm Toy Show – NW Fairgrounds 9am – 3:30pm
\$3 Adult – \$1 Child (6 – 12yrs) – FREE Under 5

Sept 28 – Oct 1 “Much Ado about Nothing”, Lynden Performing Arts Guild
www.clairevgtheatre.org

Oct Stoney Ridge Farm in Everson is OPEN

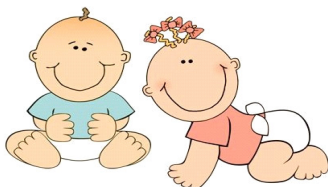
Lynden Farmers Market, 514 Liberty St
Saturdays – 10am – 3pm

Oct 7 – 8 Oktoberfest, Deming Log Show Grounds, Deming

Saturdays Learn to Skate Class – Lynden Skateway
Throughout Price: \$4 11am – 12:30pm
School Year www.skateway.org



B I R T H A N N O U N C E M E N T S



We would love to have a picture of you and your baby to put in our slide show! Please send your photo and baby stats to LyndenMOPSnewsletter@gmail.com and we'll feature you and your new one on the big screen!!