

# ...because mothering matters



welcome to the world of  
mothers of preschoolers

A place where joy, laughter and love intertwine with doubt, transition and exhaustion. The season of being a mother of a preschooler (pregnancy through kindergarten) is a **critical one**, since the early formative years of your child's life **set the stage and tone** for future growth and development.

MOPS is here to come alongside you during this season of mothering and to provide you with **support and resources** to be a **great mom**.

So, while you are **pouring** yourself into mothering, let MOPS be the place to **encourage, equip and develop** you as a woman, mother and leader in the name of Jesus Christ.

## Lynden MOPS

Lynden MOPS, your local MOPS group, meets the first and third Thursdays of each month, beginning in September, at **Sonlight Community Church**. Meeting times are from 9:30am to 11:30am.

With the yearly MOPS connection fee of \$25.00 you will receive a variety of **mothering resources**. There is a fee of \$6.00 per meeting that covers craft, childcare, and other expenses.

Meetings will have a variety of **speakers, crafts**, and just time to **connect with other moms**. Mentor moms are available to impart wisdom, lend a listening ear or to just give a hug.



Last Name \_\_\_\_\_

First Name \_\_\_\_\_ Birthday \_\_\_\_\_

Husband's Name (if applicable) \_\_\_\_\_

Anniversary \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Child(ren's) Names and Birthdates

Name \_\_\_\_\_ Birthday \_\_\_\_\_

Name \_\_\_\_\_ Birthday \_\_\_\_\_

Name \_\_\_\_\_ Birthday \_\_\_\_\_

Name \_\_\_\_\_ Birthday \_\_\_\_\_

Have you attended a MOPS group before? Y or N

If so, where? \_\_\_\_\_

Do you attend a church? Y or N

If so, where? \_\_\_\_\_

How did you hear about this MOPS group?

\_\_\_\_\_

Would you like to have/be a secret pal? Y or N

You may be called on to help in childcare if there is not enough childcare workers on a MOPS day.

You will be asked to do a background check before working in that area.

## *get connected*

Your MOPS group is a dynamic inviting, safe place where you can come — just as you are — to build friendships, be encouraged and gain practical parenting strategies.



*“I had just moved to a different state and was a new mom feeling very alone and isolated. then someone suggested I visit a local MOPS group. My first visit helped me realize that motherhood is a big job, but I am not alone.” - Joy*

*reach your  
mothering potential*

*join Lynden MOPS today*

Fill out the registration form and return it to:  
Sonlight Community Church—MOPS  
8800 Bender Rd  
Lynden, WA  
or call 354.3434 for more information

**M**  **PS**  
<http://LyndenMOPS.org>

If You're a  
Mother of Preschoolers,  
You've Got Your Hands Full...



We Know How You Feel.

**M**  **PS**  
Mothers of Preschoolers